

# HEALTHY BUILDING QUESTIONNAIRE



This questionnaire is intended to aid building operators and owners in planning for the safe re-entry of healthy buildings. It is based on the nine healthy building categories outlined by the [Harvard Business Review](#).

Building operators or facility teams should be able to complete this questionnaire in 1-2 hours going through the BAS and walking the site as needed. The results should be shared with building owners and leadership to aid in enhancing the existing systems and creating a healthy workspace. Please contact Switch Automation or Insite, LLC with any questions or to enlist help with creating a re-entry plan.

As you answer the items below, keep the following questions in mind:

- I Can you easily access the data?
- I Are you able to quickly determine if each are within acceptable ranges?
- I Are you able to effectively communicate progress with building occupants and your senior leadership?

## Questionnaire

### Overview

- I Building Name: \_\_\_\_\_
- I Building Address: \_\_\_\_\_
- I Completed By: \_\_\_\_\_
- I Date Completed: \_\_\_\_\_

### Ventilation

- I. Are you monitoring ventilation in real-time in any of the following ways?
  - a. Airflow:    Yes, all zones    Yes, some zones    No
  
  - b. Outdoor air flow (i.e. flow sensor, outdoor air damper position, etc.)?    Yes    No  
Flow rate: \_\_\_\_\_  
Damper position: \_\_\_\_\_
  
  - c. Outdoor air flow combined with real-time occupancy levels?  
Yes    No  
Occupancy level:    Occupied/Unoccupied    Number of People    Density Percentage
  
  - d. Space CO<sub>2</sub> concentration?  
Yes, all spaces    Yes, some spaces    No
  
- II. Are you easily able to tell when ventilation is outside of CDC/ASHARE recommendations?  
Yes, watching trend lines    Yes, receive an alert    Yes, all occupants notified    No
  
- III. Have you increased the percentage of outdoor air flow?    Yes    No  
What percent: \_\_\_\_\_    When: \_\_\_\_\_

## Air Quality

- I. Do you have a way of monitoring, tracking, and benchmarking total volatile organic compounds (TVOC) levels? Are they within acceptable ranges as defined by EPA?  
Yes, all three    Yes, monitoring but not sure if acceptable    No
- II. Do you have a way of monitoring, tracking, and benchmarking particulate matter (PM2.5, PM10)? Are they within acceptable ranges as defined by EPA?  
Yes, both    Yes, monitoring but not sure if acceptable    No
- III. Do you have a way of alerting when these exceed recommended thresholds?  
Yes, receive an alert    Yes, notifies all occupants    No
- IV. Do you have an annual air quality testing and sensor calibration plan?  
Yes    No

## Thermal Health

- I. Are you monitoring environmental variables for every space in real time to proactively address thermal comfort concerns?  
Temperature:    Yes, all spaces    Yes, some spaces    No  
Relative Humidity:    Yes, all spaces    Yes, some spaces    No
- II. Do you have a way of verifying if the temperature and relative humidity are within CDC ranges?  
Yes, in BAS    Yes, trending    Yes, receive notifications    No
- III. Are you able to share these real-time measurements with building occupants?  
Yes, on public dashboard    Yes, if they have the app/login    No

## Moisture

- I. Do you have regularly scheduled inspections for roofing, plumbing, ceilings and HVAC equipment?  
Yes    No
- II. Do you have a way of monitoring, detecting, and alerting if there is a water leak in real-time?  
Yes    No

## Dusts & Pests

- I. Do you have a filter replacement plan?  
Yes    No    Frequency: \_\_\_\_\_
- II. Do you have a way of validating when filter changes have occurred?  
Yes, pressure sensors    Yes, Preventative Maintenance Tickets    No
- III. Do you have a way of validating janitorial cleanings have occurred?  
Yes, TVOC spikes    Yes, badge access    Yes, sign-out sheet    No

## Safety and Security

- I. Do you have a well-published emergency evacuation plan?  
Yes    No
- II. Do you have a way to communicate with all building occupants quickly?  
Yes, message distribution    Yes, sound alert    No
- III. Do you have a way of monitoring carbon monoxide and fire safety metrics?  
Yes    No
- IV. Do you have a way of controlling access to the building?    Yes    No
  - a. Visitor and Contractor (Access) Management?  
Yes    No
  - b. Health Screenings?  
Yes, individually done    Yes, thermal imaging at entrance    No
- V. Do you have Security Guards?    Yes    No
  - a. What is their role in managing site access? \_\_\_\_\_
  - b. Do they have COVID-specific post orders that align with your policies?  
Yes    No  
Notes: \_\_\_\_\_

## Water Quality

- I. Do you have a way of regularly monitoring water quality?  
Yes    No
- II. Do you have a plan to flush your water system before building re-entry?  
Yes, scheduled for: \_\_\_\_\_    No  
Notes: \_\_\_\_\_
- III. Do you have a plan to clear traps and purge lines before building re-entry?  
Yes, scheduled for: \_\_\_\_\_    No  
Notes: \_\_\_\_\_

## Noise

- I. Do you have a way of monitoring sound decibel levels in the office?  
Yes, sensors spaced throughout    Yes, one sensor    No
- II. Can you alert occupants if that space exceeds recommended threshold levels?  
Yes    No
- III. Do you have a noise cancelling and/or reduction systems?  
Yes    No

## Lighting and Views

- I. Do you have a way of monitoring and controlling light levels in the office?  
Yes, integrated into platform    Yes, on predefined schedule    No
- II. Do you have a way of lighting spaces based on real time occupancy levels?  
Yes    No
- III. If you have a lighting system that uses motion sensors, can you use the sensor data to determine space density and traffic patterns?  
Yes    No

Present this completed this questionnaire to senior leadership to mitigate risk when preparing for building re-entry. Highlight opportunities for investment and improvement and fill in the gaps to better measure the health of your building.

Need help developing a roadmap or identifying technologies to round out your building health management strategy? Contact Switch Automation and InSite to learn more.



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